

CHILDREN'S MENU

For ages 12 and under only

BREAKFAST

Mini breakfast £6.95
Choose 3 items from: **bacon** 75 kcal, **sausage** 176 kcal, **beans** 89 kcal, **hash brown** 90 kcal, **fried egg** 120 kcal
Served with wholemeal 122 kcal **or white toast** 120 kcal

Kids' pancake 185 kcal £5.75 (v)
One pancake with banana and maple syrup

Beans on toast with a fried egg 325 kcal £5.25

LUNCH £7.25

Sausage, chips and peas 655 kcal

Chicken nuggets, chips and peas 727 kcal

Kids' lunch box
Choose 4 items from the counter and pick a sandwich:
ham 374 kcal, **cheese** 514 kcal, **ham and cheese** 539 kcal, **jam** 342 kcal, **tuna and mayonnaise** 375 kcal **avocado** 360 kcal
Choose from white or brown bread

DRINKS

HOT DRINKS

Regular 8oz | Large 12oz

Flat white 8oz 128 kcal £3.80

Americano 24 kcal | 48 kcal £3.60 | £3.80

Cappuccino 110 kcal | 220 kcal £3.70 | £3.95

Latte 104 kcal | 214 kcal £3.70 | £3.95

Chai latte 103 kcal | 206 kcal £3.80 | £4.15

Mocha 197 kcal | 280 kcal £3.90 | £4.15

Hot chocolate 190 kcal | 321 kcal £3.70 | £4.05

Luxury hot chocolate 392 kcal £4.65
Whipped cream & marshmallows.

Espresso 24 kcal £2.25

Double espresso 48 kcal £2.85

Babyccino 82 kcal 95p

Pot of English breakfast tea 2 kcal £2.90

Non-dairy milk 40p | 50p
Oat | Soya | Coconut

Coffee syrup 75p
Vanilla 31 kcal | Hazelnut 31 kcal | Caramel 60 kcal
All syrups also available sugar free

SOFT DRINKS

Coca Cola | Sprite | Fanta £3.60

Diet Coke | Coke Zero £3.50

Fentiman's | Appletiser Bottle £3.60

Canned soft drinks £3.30

Orange | Apple juice £3.65

Still | Sparkling water £2.60

Fruit Shoot | Glass of milk £1.60

Juice carton £1.30

Smoothies £5.45
Berry Go Round 154 kcal | Pash N Shoot 185 kcal | Strawberry Split 193 kcal

Milkshakes £5.45
Served with whipped cream
Vanilla 376 kcal | Strawberry 367 kcal | Banoffee 446 kcal | Chocolate 476 kcal

ALCOHOLIC DRINKS

Wine 187ml White | Rosé | Red £5.95

Prosecco 200ml £6.95

Peroni 330ml £4.95

Old Mout 500ml £5.95



Longacres Chelmsford



BREAKFAST

Served 09:00 – 11:30 | Sunday 10:00 – 11:30

Traditional breakfast 901 kcal **£10.95**
Sausage, bacon, fried egg, hash brown, mushrooms, baked beans, grilled tomato & toast.

Big breakfast 1468 kcal **£14.95**
Two sausages, two rashers of bacon, two fried eggs, two hash browns, mushrooms, baked beans, grilled tomato and toast.

Vegetarian breakfast 880 kcal **£10.95** (v)
Fried egg, meat free sausage, baked beans, grilled tomato, hash browns, half avocado, butternut squash, mushrooms and toast.

Eggs benedict 737 kcal **£9.55**
Toasted English muffin topped with ham, poached eggs and hollandaise sauce.

Eggs royale 631 kcal **£10.65**
Toasted English muffin topped with salmon, poached eggs and hollandaise sauce.

Bacon 601 kcal **or sausage** 751 kcal **sandwich £6.25**

Breakfast muffin 948 kcal **£8.25**
Melted cheese on toasted English muffin with bacon, sausage, egg and hash brown.

Eggs your way **£6.95** (v)
Choose from poached 547 kcal, fried 593 kcal or scrambled 593 kcal eggs, served on freshly toasted wholemeal or white bread.

Pancakes with bacon 519 kcal **£9.45**
American style pancakes topped with crispy streaky bacon, served with maple syrup.

Banoffee pancakes 600 kcal **£9.45** (v)
Two American style pancakes topped with banana & toffee sauce and squirty cream.

Avocado brunch 757 kcal **£10.95** (v)
Toasted ciabatta topped with mixed tomatoes & sliced avocado, poached egg, & red chilli marinated in lemon oil.

Toast with butter 344 kcal **£2.95** (v)
Add strawberry jam 67 kcal or marmalade 68 kcal **95p**

Toasted tea cake 348 kcal **£3.45** (v)
Add strawberry jam 67 kcal or marmalade 68 kcal **95p**

Cheese & ham toastie 481 kcal **£8.45**

Cheese & tomato toastie 440 kcal **£8.25** (v)

Cheese & onion toastie 448 kcal **£8.25** (v)

LUNCH

Served 11:30 – 16:00 | Sunday 11:30 – 15:30

SANDWICHES

Choose from white or brown bread, served with a garden salad dressed in a ranch sauce.

Ham, cheese & pickle 540 kcal **£8.45**

BLT 627 kcal **£9.25**
Warm crispy bacon, lettuce, sliced tomato and mayonnaise.

Tuna mayo & cucumber 502 kcal **£8.95**
Tuna & mayonnaise with sliced cucumber.

Coronation chicken 548 kcal **£8.95**
Roasted chicken breast mixed with mild curry & mayonnaise dressing.

Prawn Marie Rose & avocado 645 kcal **£9.95**
Prawns in a Marie Rose Sauce with sliced avocado.

Falafel, avocado & rocket 560 kcal **£8.65** (v)

Smoked salmon & cream cheese 480 kcal **£9.95**

TOASTIES & PANINIS

Served with a garden salad dressed in a ranch sauce.

Cheese & ham toastie 481 kcal **£8.45**

Cheese & tomato toastie 440 kcal **£8.25** (v)

Cheese & onion toastie 448 kcal **£8.25** (v)

Italian delight panini 798 kcal **£8.95** (v)
Fresh mozzarella, sliced tomato and fresh basil.

Tuna melt panini 634 kcal **£9.35**
Tuna, mayonnaise and cheddar cheese.

Chicken club panini 815 kcal **£9.65**
Roasted chicken, crispy bacon, cheddar cheese, sliced tomato, spinach and mayonnaise.

Brie & bacon panini 671 kcal **£9.65**
Back bacon, creamy brie & cranberry sauce.

JACKET POTATOES

Served with a garden salad dressed in a ranch sauce.

Baked beans and cheese 476 kcal **£9.45** (v)

Tuna mayonnaise 452 kcal **£9.95**

Chilli con carne 526 kcal **£10.15**

Coronation chicken 602 kcal **£9.95**

Prawns with Marie Rose sauce 575 kcal **£10.95**

Smoked salmon & cream cheese 550 kcal **£10.95**

SALADS

Caprese 457 kcal **£13.95** (v)
Creamy mozzarella, sliced tomatoes, sweet basil, red onion, rocket, pine nuts & pesto dressing.

Chicken, bacon & avocado 1092 kcal **£13.95**
Chicken, bacon, avocado, mixed leaves, cherry tomatoes, honey mustard dressing and shaved parmesan.

CHEF’S FAVOURITES

Soup of the day **£7.25**
Served with white, brown or gluten free bread.

Soup of the day & scone **£8.65**

Gammon, egg & chips 1064 kcal **£14.95**

Scampi & chips 1197 kcal **£14.95**
Breaded scampi, chunky chips, salad, tartare sauce and a wedge of lemon.

Chilli con carne 535 kcal **£13.95**
Mild chilli con carne served with rice, sour cream and toasted naan bread.

Beef lasagne 1221 kcal **£14.95**
Served with seasonal salad and garlic bread.

HOT SAVOURIES / SIDES

Meat & vegetable pasty 781 kcal **£5.95**
Served with a garden salad dressed in a ranch sauce.

Jumbo sausage roll 706 kcal **£4.95**
Served with a garden salad dressed in a ranch sauce.

Side salad 121 kcal **£4.55** (v)

Chunky chips 428 kcal **£4.45** (v)

Loaded chips 735 kcal **£8.95**
Chips topped with chilli con carne and cheese.

Gluten free and **vegan** menu available, please ask a member of staff for a copy.

For any **allergies** or **intolerances**, please ask for assistance.



SEASONAL SPECIALS

Available on the specials board.

AFTERNOON TEA

Treat yourself to a delightful afternoon experience.

Whether you prefer classic flavours or something a little more savoury, our afternoon tea offers something for everyone. Join us for a charming, indulgent afternoon at Longacres.

Minimum of two people per booking. 48 hours notice required.

£18.95 per person.

Please book online or speak to a member of staff.

